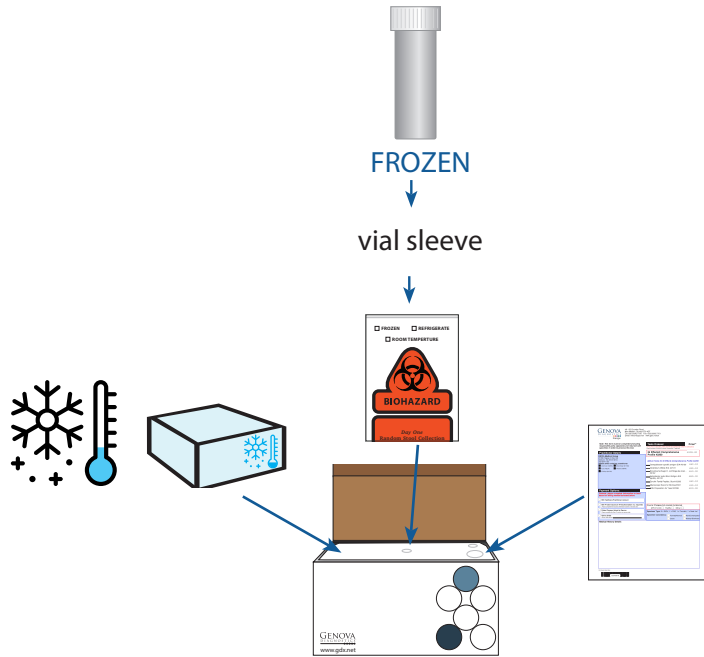


## 5. FINAL PREP AND SHIPPING

1. Place biohazard bag with blood tube, frozen freezer brick, and absorbent material in inside the outer collection box.

## 6. RETURN CHECKLIST

- **FROZEN TRANSFER TUBE** with patient's full name and time and date of collection
- **TEST REQUISITION**



## 7. SHIP THE SPECIMEN(S) TO THE LAB

Specimen(s) must be returned in the Genova Diagnostics box.

**Please refer to the shipping instruction insert found in your collection box.**



46-50 Coombe Road  
New Malden, Surrey KT3 4QF

Call 020.8336.7750 or visit our website at [www.gdx.net/uk](http://www.gdx.net/uk)



## Clinician Collection Instructions

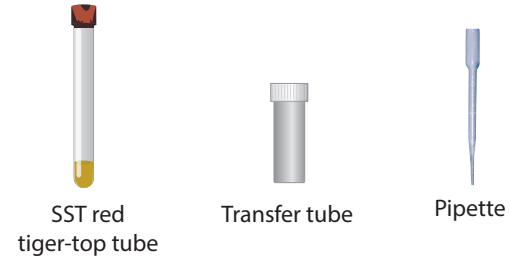
For Test #3702

### Shipping Notice:

Finish collection and ship **Monday through Thursday**.

UK holidays can affect shipping times.

## 1. REVIEW COLLECTION MATERIALS - KEEP OUTER BOX FOR SHIPPING TO LAB



## 2. FILL OUT TEST REQUISITION

**Complete all sections** using the **paper form**



### 3. IMPORTANT PREP BEFORE COLLECTION



#### Medications

**Check** with your clinician whether it is necessary to discontinue medications/supplements



**N-Acetyl Cysteine (NAC)** interferes with lipid assays resulting in falsely low levels.



Testing is **not recommended** during infection, tissue injury, or acute illness.

### 4 DAYS BEFORE TEST

Some clinicians choose to **discontinue non-essential** nutritional supplements to get a "baseline" reading.

Some clinicians choose to continue medications or nutritional supplementation to assess the efficacy of treatments.

### THE DAY BEFORE THE BLOOD COLLECTION



**Fast overnight**  
**At least 12 hours** prior to blood draw - water is okay



**Avoid exercise for at least 24 hours** before collection



**Freeze** the freezer brick overnight

### 4. BLOOD COLLECTION

**1** Write the patient's **full name and the time and date of collection** on the transfer tube. Sample processing **must be completed within 15 minutes** after blood draw.

**2** **Clean** the skin thoroughly with isopropyl alcohol before venipuncture, and use only stainless steel needles

**3** **DRAW BLOOD**

**4** **BLOOD PROCESSING: (Must be completed within 15 minutes after blood collection).**



#### RED SST TIGER-TOP TUBE

**Clot for 15 min. while standing in a rack**

**Ensure** the sample has clotted prior to centrifugation

**Centrifuge** 15 min. at 3000 RPM

**Transfer** serum to transfer tubes

**DISCARD**



#### TRANSFER TUBE

**Freeze**

**RETURN TO LAB**