

Provider Guide



Allergy Antibody Assessments

IgE Food Antibodies #1000

IgG Food Antibodies* #1001

IgG Vegetarian* #1002

IgE Inhalants #1003

IgE Molds #1004

IgG Spices* #1005

Celiac Profile #1018

* Not Available in New York



The following medications may influence the antibody test results: Glucocorticoids, chemotherapy, other immunosuppressive agents, NSAIDs, anticonvulsants, Omalizumab, and Heparin.

BEFORE YOU BEGIN

Ordering Physicians

Visit gdx.net/mygdx to order and activate this test using the activation number on the included label card.

STEP 1

Help Patients Plan for Collection

Ship Monday thru Friday and avoid US holidays which may cause delays. Review full clinical guidelines at gdx.net/tests/prep.

Prior to Testing

If testing for food antibodies, it is suggested that the patient eat a variety of foods for 2-3 weeks prior to testing (except for foods that are known to cause severe reactions). Doing so will help to ensure the presence of antibodies to problematic foods. Antibodies to a particular food may be ABSENT if the food was not consumed recently.

Night Before Blood Draw

Freeze freezer brick at least 8 hours.

STEP 2

Specimen Collection

1. Write patient's **date of birth** (DOB) and the **date of collection** on the labels provided. Attach a completed label to each of the **tube(s)** being returned to the lab.










The following table lists minimum specimen requirements necessary to provide results.

# profiles	ml Serum	#SST tubes
1	3 ml	1 tube
2	6 ml	2 tubes
3	9 ml	3 tubes
4 or more	12 ml	4 tubes

Blood Draw and Processing

1. **Clean the skin** thoroughly with isopropyl alcohol before venipuncture.
2. **Draw blood.**
3. **Process blood** using bench chart. Processing must be completed within **45 minutes** of blood collection. Specimens must be received at the lab **within 48 hours** of collection. If necessary, the specimens can be kept in a freezer overnight before shipping.

Bench Chart

TUBES	PROCESS	LABEL AND RETURN
 Red SST Tiger-top Tube(s)  Transfer Tube(s)	 Clot for 15 min. while standing in a rack Centrifuge 15 min. at 3000 RPM Transfer serum to transfer tube(s) DISCARD USED TUBE(S)	    <div style="background-color: #003366; color: white; border-radius: 15px; padding: 5px; display: inline-block;">FREEZE</div> <p>Freeze immediately in the bubble wrap bag.</p> <p><i>Return number of tubes according to testing ordered. See chart above.</i></p>

STEP 3

Return Collection Pack

1. Confirm that the tube(s) have a **completed label attached** with patient's **date of birth** and the **date of collection**. Place the freezer brick and biohazard bag with **frozen tube(s)** inside the cardboard box.
2. Retain a copy of the **activation number** for future reference **using one of the three labels provided on the bottom of the activation label card**.
3. Visit **gdx.net/mygdx** to enter the date of your final collection and receive your **confirmation code**. Write the date of collection and your confirmation code on the **activation label card**. Place the **activation card inside** the box.
4. **Close the cardboard box** and **place** inside the **FedEx shipping bag**. Follow the shipping instructions provided.

