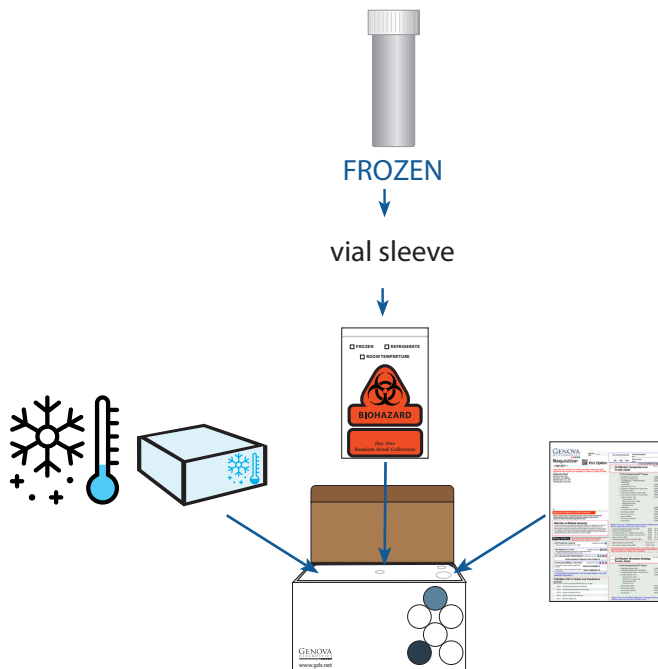


5. FINAL PREP AND SHIPPING

1. Place biohazard bag with blood tube, frozen freezer brick, and absorbent material in foam insulator box inside the outer collection box.

6. RETURN CHECKLIST

- FROZEN SERUM TRANSFER TUBE with patient's full name and time and date of collection
- TEST REQUISITION



7. SHIP THE SPECIMEN(S) TO THE LAB

Specimen(s) must be returned in the Genova Diagnostics box.

Please refer to the shipping instruction insert found in your collection box.

GENOVA
DIAGNOSTICS

800.522.4762 · www.gdx.net

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Cardio Check

K-54

Clinician Collection Instructions

For Test #3702

Shipping Notice:

Finish collection and ship **Monday through Friday**.

US holidays can affect shipping times.

1. ACTIVATE THE TEST

ACTIVATE ONLINE AT:

Clinicians: www.gdx.net/mygdx

Patients: www.gdx.net/prc

or Use the paper requisition included

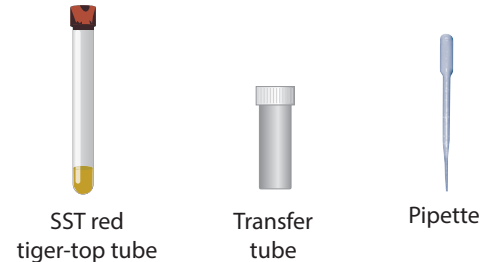
Watch the How-to Videos at

Clinicians: www.gdx.net/mygdx

Patients: www.gdx.net/prc

Both methods require the **paper form to be returned with the pack.**







2. REVIEW COLLECTION MATERIALS - KEEP OUTER BOX FOR SHIPPING TO LAB



SST red
tiger-top tube

Transfer
tube


Pipette

3. IMPORTANT PREP BEFORE COLLECTION			4 DAYS BEFORE TEST	THE DAY BEFORE THE BLOOD COLLECTION		
 <p>Medications Check with your clinician whether it is necessary to discontinue medications/supplements</p>	 <p>N-Acetyl Cysteine (NAC) interferes with lipid assays resulting in falsely low levels.</p>	 <p>Testing is not recommended during infection, tissue injury, or acute illness.</p>	<p>Some clinicians choose to discontinue non-essential nutritional supplements to get a "baseline" reading.</p> <p>Some clinicians choose to continue medications or nutritional supplementation to assess the efficacy of treatments.</p>	 <p>Fast overnight At least 12 hours prior to blood draw - water is okay</p>	 <p>Avoid exercise for at least 24 hours before collection</p>	 <p>Freeze the freezer brick overnight</p>

4. BLOOD COLLECTION


- 1 Please collect** the tube in one session.
Write the patient's **full name and the time and date of collection** on the transfer tube.
Sample processing **must be completed within 15 minutes** after blood draw.
- 2 Clean** the skin thoroughly with isopropyl alcohol before venipuncture, and use only stainless steel needles
- 3 DRAW BLOOD**

4 BLOOD PROCESSING: (Must be completed within 15 minutes after blood collection).



RED SST TIGER-TOP TUBE
Clot for 15 min. while standing in a rack
Ensure the sample has clotted prior to centrifugation
Centrifuge 15 min. at 3000 RPM
Transfer serum to transfer tube
DISCARD

➔



TRANSFER TUBE
Freeze
RETURN TO LAB