

Analyte List (190 Foods + Candida and Saccharomyces Cerevisiae)

Dairy

- Beta-Lactoglobulin
- Casein
- Cheddar Cheese
- Cow's Milk
- Goat's Milk
- Mozzarella Cheese
- Sheep's Yogurt
- Whey
- Yogurt

Beans and Peas

- Adzuki Bean
- Black Bean
- Garbanzo Bean
- Green Bean
- Green Pea
- Kidney Bean
- Lentil
- Lima Bean
- Mung Bean
- Navy Bean
- Pinto Bean
- Soybean
- Tofu

Fruits

- Acai Berry
- Apple
- Apricot
- Banana
- Blueberry
- Cantaloupe
- Cherry
- Coconut
- Cranberry
- Date
- Grape
- Grapefruit
- Guava
- Jackfruit
- Kiwi
- Lemon
- Lychee
- Mango

- Orange
- Papaya
- Passion Fruit
- Peach
- Pear
- Pineapple
- Plum
- Pomegranate
- Raspberry
- Strawberry
- Watermelon

Grains

- Amaranth
- Barley
- Buckwheat
- Corn
- Gliadin
- Malt
- Millet
- Oat
- Quinoa
- Rice
- Rye
- Sorghum
- Teff
- Wheat Gluten
- Whole Wheat

Fish/Seafood

- Abalone
- Anchovy
- Bass
- Bonito
- Codfish
- Crab
- Halibut
- Jack Mackerel
- Lobster
- Octopus
- Oyster
- Pacific Mackerel (Saba)
- Pacific Saury
- Perch

- Red Snapper
- Salmon
- Sardine
- Scallop
- Shrimp
- Small Clam
- Squid
- Tilapia
- Trout
- Tuna

Meat/Fowl

- Beef
- Chicken
- Duck
- Egg White
- Egg Yolk
- Goose
- Lamb
- Pork
- Turkey

Nuts/Seeds

- Almond
- Brazil Nut
- Cashew
- Chestnut
- Chia Seed
- Flax Seed
- Hazelnut
- Hemp Seed
- Macadamia Nut
- Peanut
- Pecan
- Pine Nut
- Pistachio
- Pumpkin Seed
- Sesame Seed
- Sunflower Seed
- Walnut

Vegetables

- Artichoke
- Asparagus
- Avocado

- Bamboo Shoot
- Bean Sprout
- Beet
- Bell Pepper
- Bitter Gourd
- Broccoli
- Brussel Sprout
- Burdock Root
- Cabbage
- Carrot
- Cauliflower
- Celery
- Chili Pepper
- Cucumber
- Eggplant
- Enoki Mushroom
- Garlic
- Kale
- Leek
- Lettuce
- Lotus Root
- Napa Cabbage
- Olive (Green)
- Onion
- Portabella Mushroom
- Potato
- Pumpkin
- Radish
- Seaweed Kombu Kelp
- Seaweed Nori
- Seaweed Wakame
- Shitake Mushroom
- Spinach
- Sweet Potato
- Tomato
- Yam
- Yellow Squash
- Yuca
- Zucchini

Herbs/Spices

- Basil
- Bay Leaf

- Black Pepper
- Cayenne Pepper
- Cilantro
- Cinnamon
- Cloves
- Cumin
- Curry
- Dill
- Ginger
- Hops
- Mint
- Miso
- Mustard Seed
- Oregano
- Paprika
- Rosemary
- Sage
- Tarragon
- Thyme
- Turmeric
- Vanilla Bean

Miscellaneous

- Bromelain
- Cane Sugar
- Cocoa Bean
- Coffee
- Green Tea
- Honey
- Meat glue
- Oolong Tea