

Analyte List

IGE FOOD ALLERGY TEST – ADVANCED

DAIRY

Casein
Cheese
Goat Cheese
Milk
Whey
Yogurt

LEGUMES – BEANS AND PEAS

Garbanzo Bean
Green Bean
Kidney Bean
Lima Bean
Pea
Lentil
Pinto Bean
Soybean

FRUIT

Apple
Apricot
Banana
Blueberry
Coconut
Cranberry
Grape
Grapefruit
Lemon
Mango
Orange
Papaya
Peach
Pear
Pineapple
Raisin
Plum (Prune)
Strawberry
Watermelon

GRAINS

Barley

Buckwheat
Corn
Millet
Oat
Rice
Rye
Wheat Gluten
Wheat

FISH/SEAFOOD

Cod Fish
Crab
Halibut
Lobster
Salmon
Sardine
Shrimp
Tuna

MEAT/FOWL

Chicken
Egg White
Egg Yolk
Lamb
Pork
Turkey

NUTS AND SEEDS

Almond
Cashews
Hazelnut
Flax
Peanut
Pecan
Pistachio
Sesame
Sunflower
Walnut

VEGETABLES

Asparagus

Avocado
Broccoli
Beet
Garlic
Cabbage
Carrot
Celery
Eggplant
Green Pepper
Lettuce
Onion
Potato
Pumpkin
Radish
Spinach
Sweet Potato
Tomato
Zucchini

MISCELLANEOUS

Cane Sugar
Cocoa
Coffee
Honey
Mushroom
Yeast, Bakers
Yeast, Brewers

